Methamphetamine, the Canadian Drug Strategy and Alberta Standing Committee on Health Drs. T. Ayas, E. Tailfeathers, M. Trew



Alberta Context:

- MOERC (Minister's Advisory) given \$30M to direct to opioid intervention over 2 years
- Very active focus on harm reduction and opiate focus, with small attention to general addiction tx
- Best Take Home Naloxone program in country
- Rapid rise in methamphetamine use low cost



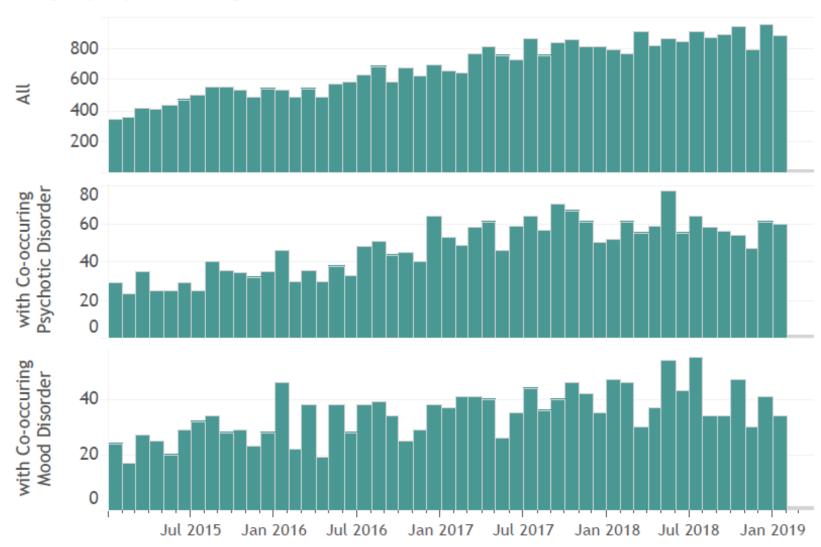
Indigenous:

- Money available to AHS as well as community, including Bands – \$5M
- Blood Tribe has opened Safe Withdrawal Site
- High variability from band to band
- Population moves between reserve and city
- Transportation is chronic problem
- Slowly moving from Ottawa focus for health to Band-Fed-Prov work for Indigenous



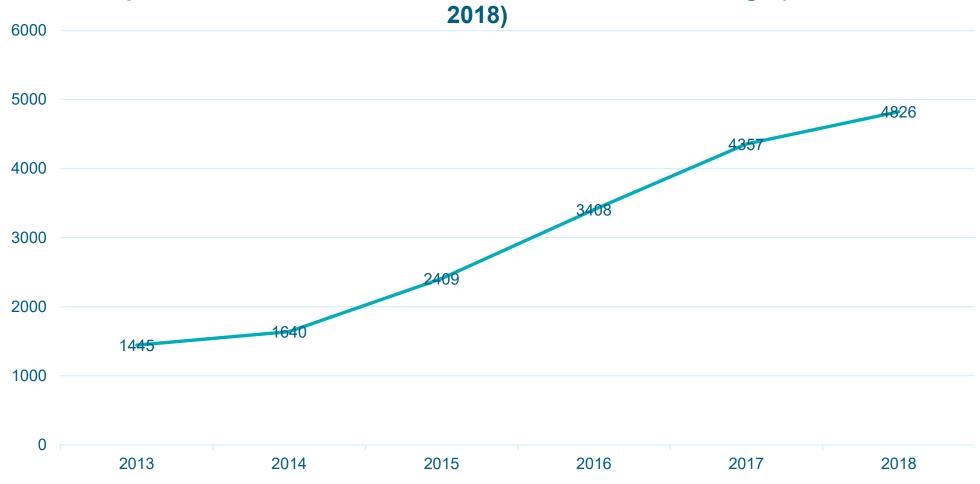
Methamphetamine Dashboard

Emergency Department/Urgent Care Centre Visits



Alberta Opioid Surveillance Summary



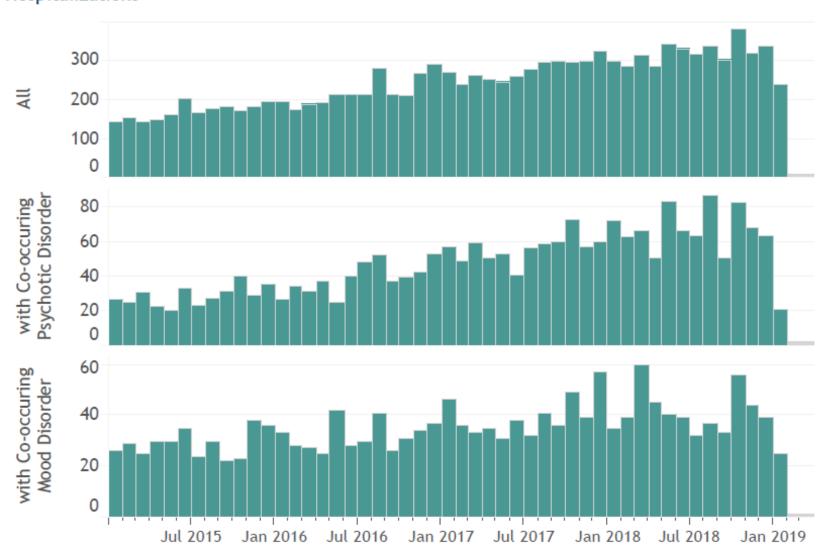


Syndromes of Substance Misuse - ED

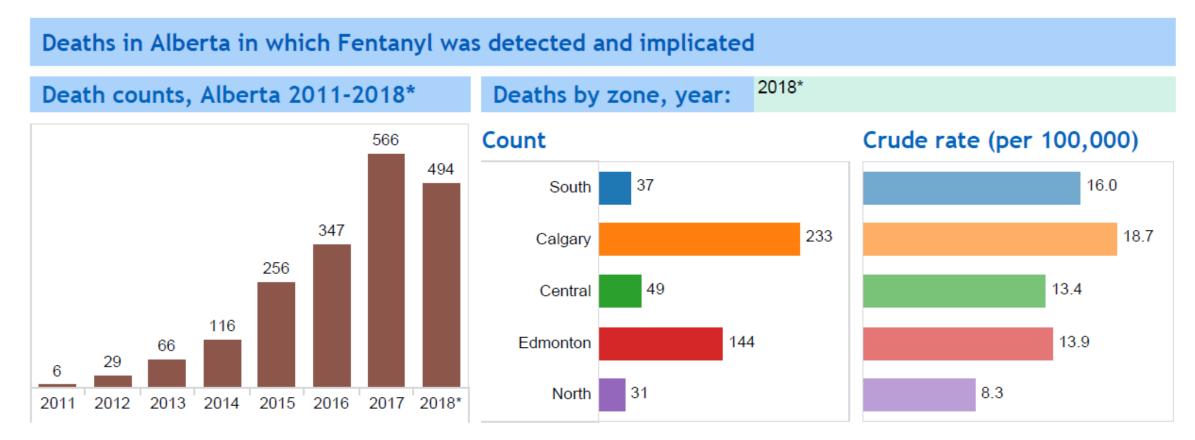
Week Substance misuse related syndromic complaints (count), Alberta ... By Chief Complaint/Protocol, Alberta, Oct 2017 to Mar 2019 400 200 0 Oct 2017 Dec 2017 Feb 2018 Apr 2018 Jun 2018 Aug 2018 Oct 2018 Dec 2018 Feb 2019 Apr 2019 OVERDOSE INGESTION SUBSTANCE MISUSE/INTOXICATION SUBSTANCE WITHDRAWAL

Methamphetamine Dashboard

Hospitalizations



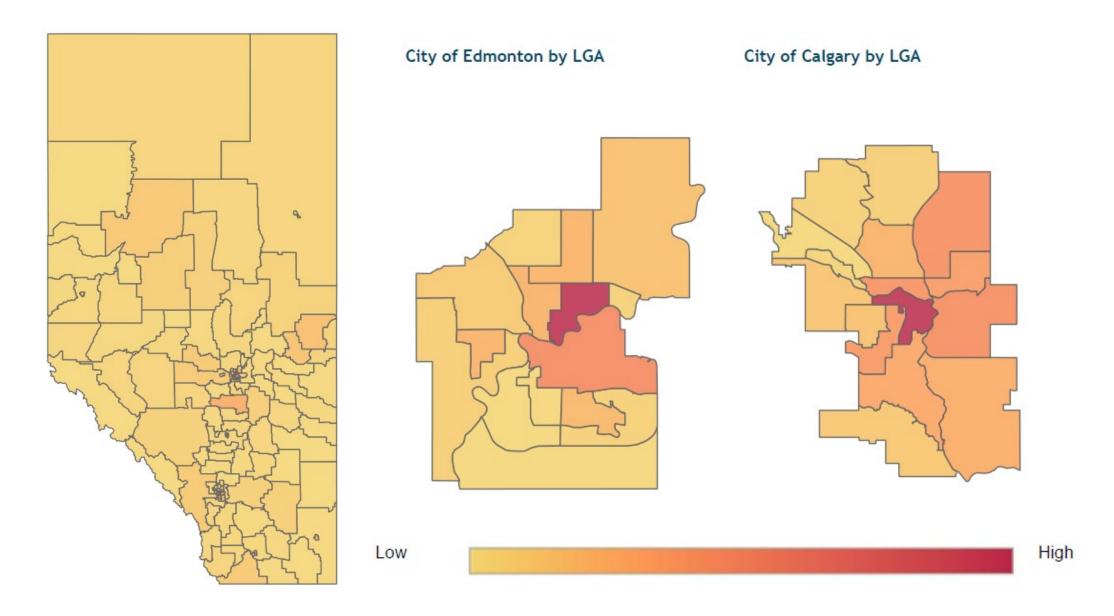
<u>Alberta Opioid Surveillance – Fentanyl Deaths</u>



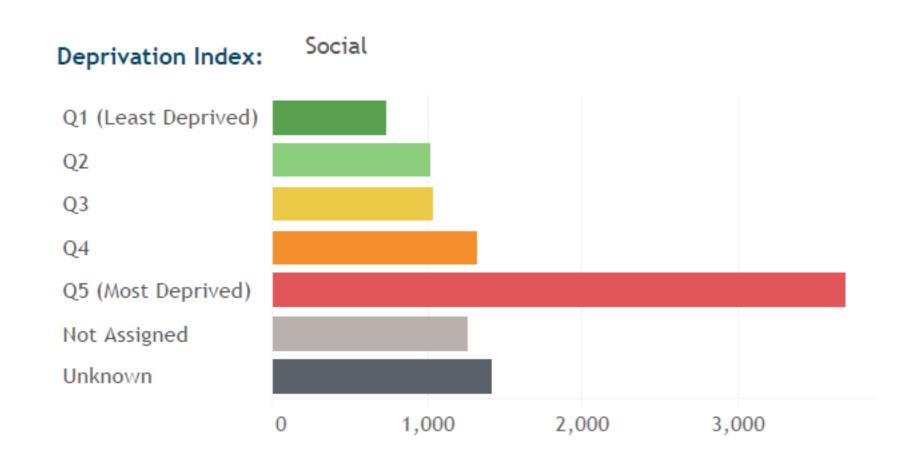
Carfentanil was identified in 165 deaths in 2017 and 135 deaths so far in 2018*

^{* 2018 (}Jan 1 - Sep 30) (Reference: Alberta Opioid Response Surveillance Report, 2018 Q3, as of December 11, 2018)

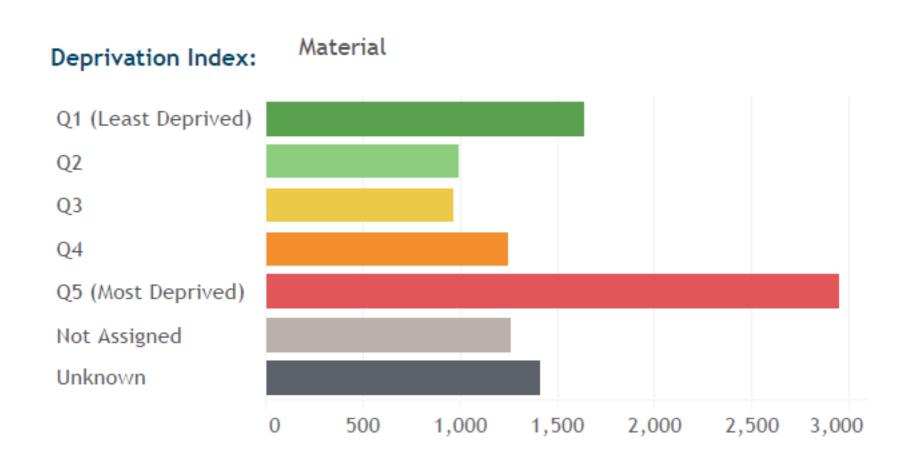
Methamphetamine Dashboard – ED/UCC Visits



<u>Methamphetamine Dashboard – ED/UCC Visits – **Social Depravation**</u>



<u>Methamphetamine Dashboard – ED/UCC Visits – Material Depravation</u>

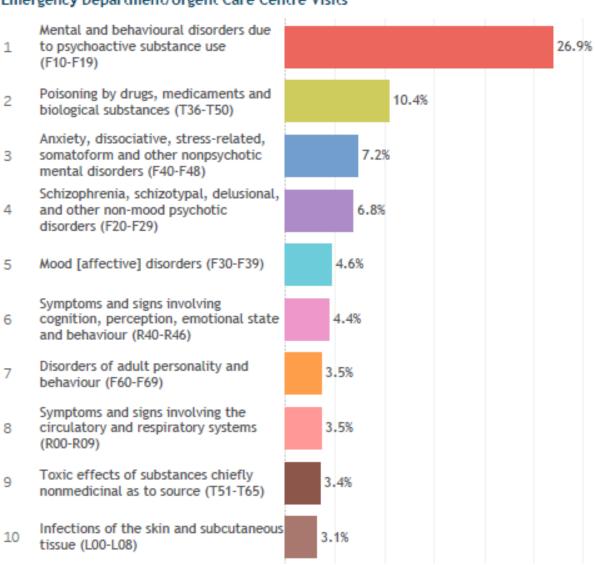


<u>Methamphetamine Dashboard – ED/UCC Visits – Gender</u>



Methamphetamine Dashboard – Co-Occurring Disorders





Prevention:

- High degree of social dysfunction and high Adverse Childhood Experience (ACE) scores
- Many ramifications from colonial legacy must support bands to find what works for them
- Economic adversity / housing / food security need to be addressed



Treatment:

- No specific antidote / medical treatment for meth
- Withdrawal stabilization often is longer than for alcohol
- Sustained recovery requires longer term support than most treatment programs can provide



Enforcement:

- Is de-criminalization a possibility such as in Portugal?
- Indigenous represent high percentage in jails (40%)
- Drug courts/diversion have some success



Harm Reduction:

- Bands receive \$ for STBBI variable in attitude to HR historically abstinence-based
- Meth helps keep people awake at night safety on the street
- Collaboration with community HR programs works well when it does happen



Evidence:

- Some good statistics from FNIHB
- Challenging to gain provincial data on indigenous healthcare due to stigma and distrust



Funding:

- Funding is not tied closely to specific measures on reserve
- The closer to home, the more likely that local conditions can be addressed – what is the experience of BC's Ministry of Indigenous Health?



Questions?

Discussion...



Reference Webpages:

- https://www.alberta.ca/opioid-emergency-responsecommission.aspx
- https://www.drugabuse.gov/publications/drugfacts/methamphet amine
- http://www.ccsa.ca/Eng/Pages/SearchResults.aspx#k=methamp hetamine
- http://csuch-cemusc.ccsa.ca/Resource%20Library/CSUCH-Canadian-Substance-Use-Costs-Harms-Infographic-2018-en.pdf
- https://www.toronto.ca/legdocs/mmis/2019/hl/bgrd/backgroundf ile-129421.pdf



Alberta **Opioid** related ED/UCC visits

ICD-10-CA code F11 (Mental and behavioural disorders due to use of opioids)

