

I see now how I was groomed to leave my first husband. My co-worker, RCMP Cpl. we worked at the same RCMP detachment for almost 7 years. During a counterattack shift, it came up about me wanting my husband to go to counselling and he used that to slowly work his way into my life, gain my trust, make me think he was a knight in shining armor and would rescue me from my horrible marriage. He would do little things, take me for coffee, lunch, meet me before work with treats, he was slowly trying to lure me in. He was love bombing me. I fell for it hook, line and sinker. Narc's are very charming and he made me feel like I was the only one in the world for him and that his wife was a horrible person and screwed him over multiple times. At that point, I was not aware of when during their first separation, he had been dating some woman named Wendy, whom he assaulted and was charged with but got a conditional discharge. Unfortunately, I found that out much later. He pushed me hard to leave my husband, made me huge promises and how it would be so much better with him. I believed him. Biggest mistake ever, not trusting my gut and instincts that told me to run the other way. Spring 2002 is when the kids and I moved in with him as we had nowhere else to go as I didn't have any money or support after I left my first husband. I wish so badly now that we had of gotten a place on our own and tried to figure out life from there. But I felt helpless and he made huge promises. I wanted so badly to believe that he was my Knight in Shining Armor. It was good for about 2 months, but from Spring 2002 and 2014 was hell. We lived in hell but felt trapped, too scared to leave. He alienated my family and friends and forced me to leave my RCMP job and wasn't allowed to work, have friends or any hobbies.

In the spring 2002 the RCMP informed him that he was under investigation for assault on his ex-wife. He was suspended and that is when his mask came down, became a monster. He was charged with Assault and found guilty but only given a fine. The RCMP investigated in their internal court. He was taken off active duty for almost a year in which time he took up heavy drinking, was extremely abusive and very depressed. No help.

He was very angry all of the time and it had only been 3 months but I felt trapped with no options with 3 little kids and no money.

Between the spring of 2002 and 2011, he assaulted and abused me in every form. He beat me so badly on my birthday in October 2002 and as I ran away to get help covered in blood, he screamed at me that if I told anyone what he had done to me he would kill the kids (who were sleeping in their beds). I called 911 and his co-workers attended and he was simply asked to leave for a couple days and I was too terrified to speak up, so I didn't tell the truth, I lied about the horrid violence out of fear of what he would do to me and the kids. The kids witnessed terrible abuse, dragging me by my hair, terrifying car chases, horrible domestics where he would hold me hostage in a room. Police would attend and he would simply be asked to leave to calm down. HE WAS NEVER CHARGED WITH ASSAULT OR DOMESTIC VIOLENCE EVEN THOUGH IT WAS VERY CLEAR THIS WAS GOING ON, BECAUSE HE WAS RCMP AND VERY CHARMING AND MADE ME OUT TO BE THE IRRATIONAL ONE. I have learned he is a malignant narcissist and thrives on abusing women and children, has done so his entire adult life. Convicted of domestic violence twice and has been investigated by MCFD multiple times YET nothing has ever protected me or the kids. He is a monster but as has been said to me by an Officer – he presents very well to the community so no one believes he is a monster.

I prayed every day and walked on egg shells praying that the RCMP or MCFD would somehow press charges and protect us even without me or the kids "telling them" because we were all threatened with death and horrible abuse if we told anyone. This day never came. In the 12 years we were trapped in

that horrible abusive situation, no one came to our rescue and we all suffered horribly, while this person, strapped on a gun every day and was told to protect and serve the public BUT he was abusing his wife and children horribly behind closed doors.

I wish there was more legislation to help women and kids like myself who were too terrified to speak up for fear of further abuse. Maybe if we had been helped, I wouldn't have the horrible physical injuries I will have to suffer with for the rest of my life, that are daily reminders of the hell I went through and suffered through and the horrible emotional abuse the children suffered that they will live with for their entire lives. I have PTSD and suffer severe anxiety and am still very fearful of my ex. He has retired from the RCMP but he hasn't changed, he never will, but he sure can do the smoke and mirrors show and has received a pardon for his 2 convictions so he can say "no, I have never been convicted". What a joke. He should have been held accountable, we should have been helped, but we weren't. It never seems to end or stop even 8 years after separation. We needed help and got none.